

# The 5 R's: Refuse, Reduce, Reuse, Repurpose, and then Recycle

## Storyboard

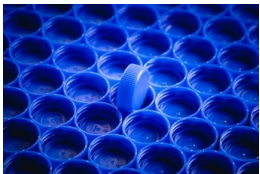
### Overview

<b>Course Title:</b>	The 5 R's: Refuse, Reduce, Reuse, Repurpose, and <i>then</i> Recycle
<b>Learning objective:</b>	Learners will be able to: <ul style="list-style-type: none"> <li>- Identify the 5 R's</li> <li>- Organize them hierarchically</li> <li>- Implement them within a business thanks to the actionable steps provided</li> <li>- Determine which area they can focus on to improve waste management in their business</li> </ul>
<b>Description Text</b>	According to the 5 R's, four actions should be taken, if possible, prior to 'recycling': refuse, reduce, reuse, repurpose, and then recycle. Incorporating this methodology into your business' waste reduction and recycling efforts will minimize landfill waste and help take your recycling program to the next level. In this short course, we explore each of the 5 R's and the benefits of putting them into practice at your business.
<b>Unit's lessons</b>	Introduction, Refuse, Reduce, Reuse, Repurpose, Recycle, Conclusion
<b>Client:</b>	Zerowaste (Fictional company)
<b>Instructional Designer:</b>	Elodie Chancelier

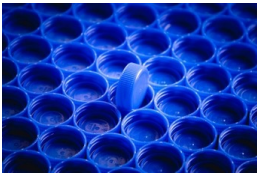
### Lessons

Nr	Name	Content
1	Introduction	Can You Take Your Company's Recycling Program To The Next Level?
2	Refuse	Product selection with a new vendor – Multiple choice
3	Reduce	Purchase delivery options – Flashcard grid
4	Reuse	Example: how to reuse in the break room - quiz
5	Repurpose	Match objects with a possible way to repurpose them.
6	Recycle	Infographic on 5 R hierarchy Drag and drop recycling fact cards to True/False piles
7	Conclusion	Congratulations + prompts to apply in business

## Style Guide

<b>Logo</b>	None
<b>Cover Photo</b>	
<b>Custom colors</b>	Background # E9F4FF   Blue text #4BAAF4   Accent color: Sky (#4BAAF4)
<b>Fonts</b>	Heading: Inter size 50 in blue text color (#4BAAF4 ) Body: Inter
<b>Additional Notes</b>	Navigation: Stepped   Indicator types: Dots
<b>Templates</b>	Microlearning ; Theme: Apex


# Section 1: Introduction

<b>Lesson</b>	Introduction		
<b>BLOCK ID</b>	<b>1.1</b>	<b>BLOCK TYPE</b>	Text on image
<b>NOTES</b> Image full width 	<b>CONTENT</b> <b>Image:</b> Plastic bottle caps  <b>Text:</b> Can You Take Your Company's Recycling Program To The Next Level?  <b>Button:</b> Pulsing downward arrow at the bottom of the page to start the course.		

<b>Lesson</b>	Introduction		
<b>BLOCK ID</b>	<b>1.2</b>	<b>BLOCK TYPE</b>	Text > Statement B
<b>NOTES</b> Heading, centered:  Black text, size 20:	<b>CONTENT</b> The 5 R's: Refuse, Reduce, Reuse, Repurpose, and <i>then</i> Recycle  Apply the 5 R's to your business' waste management and recycling strategies with a quick learning exercise.		

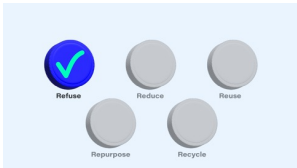
<b>Lesson</b>	Introduction		
<b>BLOCK ID</b>	<b>1.3</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>	<b>CONTENT</b> Start button		

# Section 2: Refuse

<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	<b>2.1</b>	<b>BLOCK TYPE</b>	Divider > Numbered divider
<b>NOTES</b>		<b>CONTENT</b>	
		1	
<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	<b>2.2</b>	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b>		<b>CONTENT</b>	
Connect to previous block Heading, centered		Refuse	
<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	<b>2.3</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b>		<b>CONTENT</b>	
Connect to previous block		Continue button > Label: Start	
<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	<b>2.4</b>	<b>BLOCK TYPE</b>	Image > Image & text
<b>NOTES</b>		<b>CONTENT</b>	
Image on the left		<b>Image:</b> 	
Text in black, size 22, justify		<b>Text :</b> You are talking with a potential new vendor. They are offering a range of products. The pricing depends on the quality of the different items.	
<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	<b>2.5</b>	<b>BLOCK TYPE</b>	Knowledge check > Multiple choice
<b>NOTES</b>		<b>CONTENT</b>	
Connect to previous block Question: Black, bold, size 22, left aligned		<b>Question:</b> What should you do?	
Choice text: Black, size 22		<b>Choice text:</b> Save money and buy the cheaper product. / Pay a little more for the higher quality product. (correct answer)	
Feedback: Black, size 20, aligned, some text in bold		<b>Feedback:</b> Buying <b>high-quality products</b> may cost more money upfront but will end up saving you money in the long run. Higher-quality products are <b>more energy efficient and durable</b> , meaning your business can avoid replacement and repair costs down the road. Since the lifespan of high-quality products are longer, you end up sending <b>less waste</b> to landfill and your business' <b>disposal costs</b> will reflect that.	

<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	2.6	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button Completion type: Complete Block Directly Above Hint text: Complete the content above before moving on.	

<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	2.7	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b> Text: black, bold, size 34, centered		<b>CONTENT</b> <b>Text:</b> Nice job !	

<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	2.8	<b>BLOCK TYPE</b>	Image > Image & text
<b>NOTES</b> <i>Connect to previous block</i> Image on the right, size 75%		<b>CONTENT</b> <b>Image:</b> Validation_1.png 	
Text: black, bold, centered, size 26		<b>Text:</b> You have completed the first step!	

<b>Lesson</b>		Refuse	
<b>BLOCK ID</b>	2.9	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button	

# Section 3: Reduce

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.1</b>	<b>BLOCK TYPE</b>	Divider > Numbered divider
<b>NOTES</b>		<b>CONTENT</b>	
		2	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.2</b>	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i> Heading, centered		Reduce	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.3</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i>		Continue button > Label: Start	

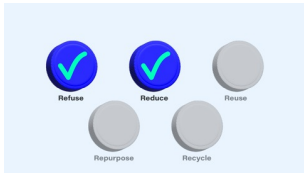
<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.4</b>	<b>BLOCK TYPE</b>	Text > Statement B
<b>NOTES</b>		<b>CONTENT</b>	
Text: Black, size 22, justify, selected words in bold		<b>Text:</b> This vendor is also promoting a <b>subscription program</b> . You would get weekly deliveries of smaller quantities of the product. In order to promote this new program, they are offering a 10% sign up discount. You can otherwise <b>purchase in bulk</b> at the regular price.	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.5</b>	<b>BLOCK TYPE</b>	Text > Statement B
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i> Text: Black, size 24, centered, selected words in bold		<b>Text:</b> What should you do next? <b>Flip the correct card below.</b>	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.6</b>	<b>BLOCK TYPE</b>	Interactive > Flashcard grid
<b>NOTES</b> <i>Connect to previous block</i>  Front text: Black, size 14, selected words in bold  Back text: Black, size 22, selected words in bold, "reduces" in bold and blue		<b>CONTENT</b> <b>Card 1 Front: text:</b> Select the <b>subscription</b> program.  <b>Card 1 Back: text:</b> <b>Oh no!</b> This will lead to more packaging waste. Do you know if the supplier ships the products in a sustainable fashion?  <b>Card 2 Front: text:</b> Opt to buy in <b>bulk</b> .  <b>Card 2 Back: text:</b> <b>Great choice!</b> Purchasing items in larger quantities <b>reduces</b> associated packaging waste.	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.7</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.8</b>	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b> Text: black, bold, size 34, centered		<b>CONTENT</b> <b>Text:</b> Well done!	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.9</b>	<b>BLOCK TYPE</b>	Image > Image & text
<b>NOTES</b> <i>Connect to previous block</i> Image on the right, size 75%  Text: black, bold, centered, size 26		<b>CONTENT</b> <b>Image:</b> Validation_2.png  <b>Text:</b> You have completed the second step!	

<b>Lesson</b>		Reduce	
<b>BLOCK ID</b>	<b>3.10</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button	




# Section 4: Reuse

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	4.1	<b>BLOCK TYPE</b>	Divider > Numbered divider
<b>NOTES</b>		<b>CONTENT</b>	
		3	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	4.2	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i> Heading, centered		Reuse	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	4.3	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i>		Continue button > Label: Start	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	4.4	<b>BLOCK TYPE</b>	Text > Paragraph
<b>NOTES</b>		<b>CONTENT</b>	
Text: Black, size 22, centered, selected words in bold		<b>Text:</b> <b>Click on the tabs</b> below to learn more about reusing items at work.	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.5</b>	<b>BLOCK TYPE</b>	Interactive > Tabs
<b>NOTES</b> <i>Connect to previous block</i> <b>Text:</b> Black, size 22, justify, selected words in bold and/or blue. <b>Image 1:</b>  <b>Image 2:</b>  <b>Image 3:</b> 		<b>CONTENT</b> <b>Item # 1:</b> <b>Title:</b> Plastic crisis! <b>Description text:</b> <b>Single-use plastics</b> have created a "throw-away" culture by normalizing consumer behavior of using materials once and then throwing them away. The rate at which we consume plastics has become unimaginable, and the <b>plastic crisis</b> has become one of the world's greatest environmental challenges. <b>Image:</b> Plastic bottles  <b>Item # 2:</b> <b>Title:</b> Take action <b>Description text:</b> In an effort to reduce waste, <b>reuse</b> items throughout the workplace instead of buying new ones. Begin by focusing on one area of your business at a time, like the break room! <b>Image:</b> Break room  <b>Item # 3:</b> <b>Title:</b> Reuse <b>Description text:</b> Here is an idea: Replace all of the single-use eating utensils, Styrofoam cups, water bottles, and paper plates with compostable or - even better- <b>reusable alternatives</b> . <b>Image:</b> Coffee & notebook	

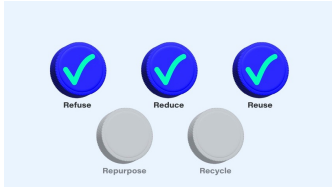
<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.6</b>	<b>BLOCK TYPE</b>	Text > Statement B
<b>NOTES</b> <i>Connect to previous block</i> <b>Text:</b> Black, size 22, centered, selected words in bold and/or blue. Instruction text size 24		<b>CONTENT</b> <b>Text:</b> You have mastered one area. Now, can you prioritize <b>reuse</b> for other products in your facility?  <b>Select all</b> the possibilities in the list below:	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.7</b>	<b>BLOCK TYPE</b>	Knowledge check > Multiple Response
<b>NOTES</b> <i>Connect to previous block</i> <b>Text:</b> Black, size 22, left aligned, selected words in bold and/or blue <b>Choice text:</b> size 14		<b>CONTENT</b> <b>Text:</b> <b>Question:</b> We can <b>reuse</b> ... <b>Choice text:</b> rechargeable batteries / printer cartridges / packaging peanuts / cardboard boxes <b>Feedback text:</b> Correct / Incorrect <i>Correct = all choices selected: <b>Congratulations!</b> Let's keep going.</i> <i>Incorrect: Almost there... <b>try again!</b></i>	



<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.8</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button Completion type: Complete block directly above Hint text: Complete the content above before moving on.	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.9</b>	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b> Text: black, bold, size 34, centered		<b>CONTENT</b> <b>Text:</b> Way to go!	

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.10</b>	<b>BLOCK TYPE</b>	Image > Image & text
<b>NOTES</b> <i>Connect to previous block</i> Image on the right, size 75%		<b>CONTENT</b> <b>Image:</b> Validation_3.png  <b>Text:</b> You are halfway through!	
Text: black, bold, centered, size 26			

<b>Lesson</b>		Reuse	
<b>BLOCK ID</b>	<b>4.11</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button	

# Section 5: Repurpose

<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	5.1	<b>BLOCK TYPE</b>	Divider > Numbered divider
<b>NOTES</b>		<b>CONTENT</b>	
		4	

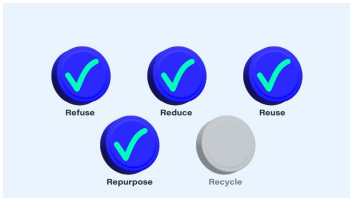
<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	5.2	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i> Heading, centered		Repurpose	

<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	5.3	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i>		Continue button > Label: Start	

<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	5.4	<b>BLOCK TYPE</b>	Knowledge check > Matching
<b>NOTES</b>		<b>CONTENT</b>	
Question text: Black, size 24, left aligned, selected words in bold and blue  Feedback text: Black, size 18, justify, selected words in bold and blue		<p><b>Question text:</b>            Drag the labels to connect objects with a possible way to <b>repurpose</b> them:</p> <p><b>Choices text:</b>            wasted printer paper...            cardboard boxes...            mason jars, tin cans &amp; coffee mugs...            small wooden crates ...            old company T-shirts ...</p> <p><b>Matches text:</b>            ... scrap paper            ... supply storage            ... pen holders / desk organizers            ... risers for computer monitors            ... wall displays</p> <p><b>Feedback text (any response):</b>            Sometimes it requires using some creativity, but the possibilities are endless. Designate an area of your office as an <b>Upcycle Station</b> for collecting and storing supplies. Encourage your colleagues to add items to the station they no longer need and to check there before purchasing new supplies.</p>	

<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	<b>5.5</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button Completion type: Complete block directly above Hint text: Complete the content above before moving on.	

<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	<b>5.6</b>	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b> Text: black, bold, size 34, centered		<b>CONTENT</b> <b>Text:</b> Bravo!	

<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	<b>5.7</b>	<b>BLOCK TYPE</b>	Image > Image & text
<b>NOTES</b> <i>Connect to previous block</i> Image on the right, size 75%		<b>CONTENT</b> <b>Image:</b> Validation_4.png 	
Text: black, bold, centered, size 26		<b>Text:</b> Step 4 is complete !	


<b>Lesson</b>		Repurpose	
<b>BLOCK ID</b>	<b>5.8</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button	

# Section 6: Recycle

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.1	<b>BLOCK TYPE</b>	Divider > Numbered divider
<b>NOTES</b>		<b>CONTENT</b>	
		5	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.2	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i> Heading, centered		Recycle	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.3	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i>		Continue button > Label: Start	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.4	<b>BLOCK TYPE</b>	Image > Image & Text
<b>NOTES</b>		<b>CONTENT</b>	
Text: Black, size 22, justify, selected words in bold and blue  Image on the right		<b>Text:</b> Last but definitely not least: <b>recycle</b> . Once you've gone through all of the other R's, <b>recycling</b> is the most environmentally friendly waste disposal method.  <b>Image:</b> 5R's infography 	


<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.5	<b>BLOCK TYPE</b>	Text > Paragraph
<b>NOTES</b>		<b>CONTENT</b>	
<i>Connect to previous block</i>  Text: Black, size 22, centered, selected words in bold and/or blue		<b>Text:</b> Let's see if you can spot false information within these <b>recycling</b> facts! <b>Drag and drop</b> the cards to the <b>TRUE</b> or <b>FALSE</b> pile.	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	<b>6.6</b>	<b>BLOCK TYPE</b>	Interactive > Sorting activity
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> <b>Text: Category 1: TRUE</b> Approximately 100 billion cardboard boxes are produced each year in the U.S. Only about 5% of food is diverted from landfill. Recycling plastic saves twice as much energy as burning it in an incinerator. Glass is 100% recyclable and can be recycled endlessly without loss in quality. 70% of the total waste in offices is paper waste. Recycling a single aluminum can saves enough energy to power a TV for 3 hours. Americans throw away 25 billion Styrofoam coffee cups every year.  <b>Category 2: FALSE</b> Any plastic product that has a number within the chasing arrows is recyclable. There are no more markets for recyclables. Recycled bottles are just made into new bottles. Material placed in a landfill will decompose. Containers must be completely clean in order to be recycled.	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	<b>6.7</b>	<b>BLOCK TYPE</b>	Text > Paragraph
<b>NOTES</b> <i>Connect to previous block</i>  Text: Black, size 22, centered, selected words in bold and/or blue		<b>CONTENT</b> <b>Text:</b> If your business doesn't already, start collecting <b>recyclable materials (including organics)</b> . Most companies are surprised by the amount of waste they reduce by establishing an effective <b>recycling program</b> .	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	<b>6.8</b>	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button Completion type: Complete block directly above Hint text: Complete the content above before moving on.	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	<b>6.9</b>	<b>BLOCK TYPE</b>	Text > Heading
<b>NOTES</b> Text: black, bold, size 34, centered		<b>CONTENT</b> <b>Text:</b> Congratulations!	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.10	<b>BLOCK TYPE</b>	Image > Image & text
<b>NOTES</b> <i>Connect to previous block</i> Image on the right, size 75%		<b>CONTENT</b> <b>Image:</b> Validation_5.png 	
Text: black, bold, centered, size 26		<b>Text:</b> You have completed all the challenges!	

<b>Lesson</b>		Recycle	
<b>BLOCK ID</b>	6.11	<b>BLOCK TYPE</b>	Divider > Continue
<b>NOTES</b> <i>Connect to previous block</i>		<b>CONTENT</b> Continue button > Label: Finish	

# Section 7: Conclusion

<b>Lesson</b>		Conclusion	
<b>BLOCK ID</b>	7.1	<b>BLOCK TYPE</b>	Text > Statement B
<b>NOTES</b> Text: white, size 28, centered, selected words in bold and blue Background color: #273f7e		<b>CONTENT</b> Text: <b>Congratulations on mastering the 5 R's!</b> Which one could your business focus on improving? Think about your current waste and recycling strategies or ask your coworkers which of the R's they want to focus on improving individually. Some of the answers may surprise you!	

<b>Lesson</b>		Conclusion	
<b>BLOCK ID</b>	7.2	<b>BLOCK TYPE</b>	Text > Paragraph
<b>NOTES</b> Text: Black, size 12, left aligned, selected words in bold Insert hyperlinks Regular background color		<b>CONTENT</b> Text: <b>Sources:</b> Roadrunner Recycling & Waste Management: <a href="https://www.roadrunnerwm.com/">https://www.roadrunnerwm.com/</a> Clean Management Environmental Group, Inc.: <a href="https://cleanmanagement.com/">https://cleanmanagement.com/</a>	